

# Staples Fitness Center Renovation Overview

## Renovation Summary:

- Replace and expand strength equipment and renovate Fitness Center to get more athletes and students involved in strength training at Staples

## Capital Campaign Goal:

- Raise \$110,000 for strength equipment and Fitness Center renovation

## Source of Funds:

- Team booster clubs (current and future Fitness Center users)
- Team parents and local institutions (e.g. PAL, Staples Phys. Ed.)

## Strength Equipment Upgrade Goals:

- Create a multi-purpose strength facility suitable for a broad range of sports
- Increase efficiency for strength training large groups
- Increase the number of teams and athletes engaged in strength training.
- Increase strength training access and safety for all Staples students
- School and team pride

## Equipment Upgrade Details:

- Customized, installed and serviced equipment provided by industry leader Sorinex
- Replace and expand capacity from 6 to 14 lifting stations
- Equipment versatility and safety features will broaden access (e.g. hex bars)
- New flooring, paint, wall art and upgraded sound system improves room environment at modest cost
- Existing cardio equipment space allocation unchanged

## Existing Equipment and Flooring:

- Donated to Bridgeport Central who has a weight room but no working equipment

## Capital Campaign Logistics:

- Checks payable to Staples Gridiron Club (606 Post Road East, Suite # 619, 06880)
- Capital Campaign web page and credit card donations at <http://www.wreckersfootball.com/Fundraising/Fitness-Center.aspx>
- Donations are tax deductible
- Fund raising is time critical as Sorinex requires substantial deposit with order
- Installation 8-10 weeks after order and deposit